

Body Double® Silicone Visual Coverage Chart



Smooth-On offers this visual guide only as a reference tool for calculating the amount of Body Double® Silicone Rubber needed to make various body part molds. **This is an estimation only, based on our experience for the average male body.** Actual amounts of rubber needed will vary from individual to individual, according to body size and gender. End user assumes full responsibility for own calculations of material needed. For more information on life casting, visit www.smooth-on.com

Body Double® Unit Sizes & Key

Body Double®
5-Gallon Unit
90 lbs./40.82 kgs.



Body Double®
Gallon Unit
18lbs./8.16 kgs.



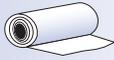
Body Double®
Trial Size
2 lbs./0.90 kgs.



Body Double®
400 ml Cartridge
1 lb./0.45 kgs.



Gypsona®
Plaster Bandage
8" x 5 yard roll



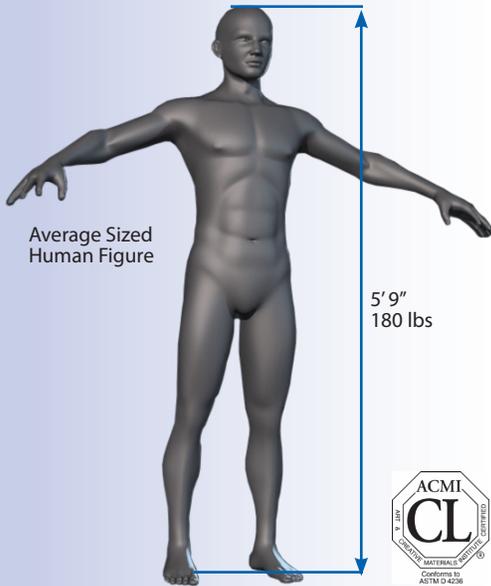
Body Double®
Release Cream
1 oz. Jar



Gypsona®
Plaster Bandage
4" x 5 yard roll



Body Double®
Release Cream
3.5 oz. Jar



One Hand:

Body Double®:
1 lb./0.45 kg.
4" Bandages:
2 rolls
Release Cream:
1 oz.



Face:

Body Double®:
1.25 lbs/0.57 kgs
4" Bandages:
2 rolls
Release Cream:
1 oz.



Face & Partial Neck:

Body Double®:
1.5 lbs/0.68 kg.
4" Bandages:
3 rolls
Release Cream:
1 oz.



Front Half of Head:

Body Double®:
2 lbs/0.91kgs
4" Bandages:
4 rolls
Release Cream:
1 oz.



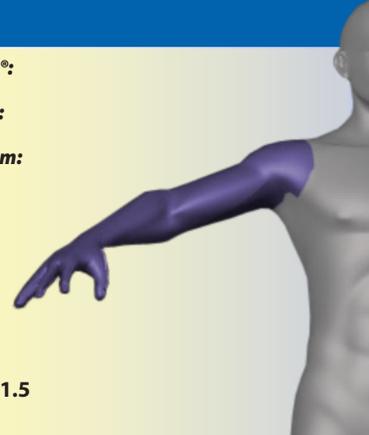
One Foot:

Body Double®:
2 lbs/0.91 kgs
4" Bandages:
3 rolls
Release Cream:
1 oz.



One Arm:

Body Double®:
3 lbs/1.36 kgs
4" Bandages:
6 rolls
Release Cream:
3.5 oz.



Call Us Anytime With Questions About Your Application.

Toll-free: (800) 762-0744 (610) 252-5800 Fax: (610) 252-6200

The new www.smooth-on.com is loaded with information about moldmaking, casting and more.

Full Head:

Body Double®:
4 lbs/1.81kgs
4" Bandages:
8 rolls
Release Cream:
3.5 oz.



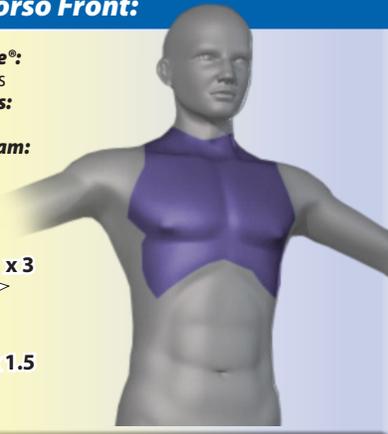
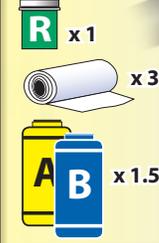
One Lower Leg:

Body Double®:
4 lbs/1.81kgs
4" Bandages:
8 rolls
Release Cream:
3.5 oz.



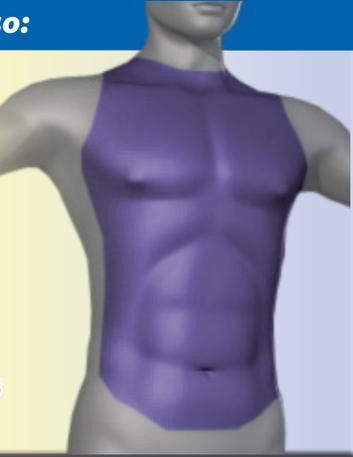
Upper Torso Front:

Body Double®:
3 lbs/1.36 kgs
8" Bandages:
3 rolls
Release Cream:
3.5 oz.



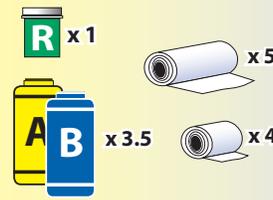
Front Torso:

Body Double®:
5 lbs/2.27 kgs
8" Bandages:
5 rolls
Release Cream:
3.5 oz.



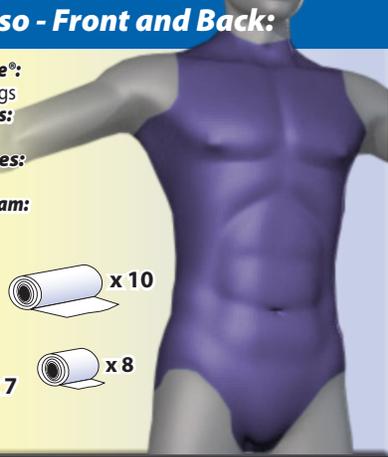
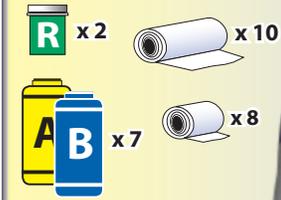
One Full Leg:

Body Double®:
7 lbs/3.18 kgs
8" Bandages:
5 rolls
4" Bandages:
4 rolls
Release Cream:
3.5 oz



Full Torso - Front and Back:

Body Double®:
14 lbs/6.35 kgs
8" Bandages:
10 rolls
4" Bandages:
8 rolls
Release Cream:
7 oz



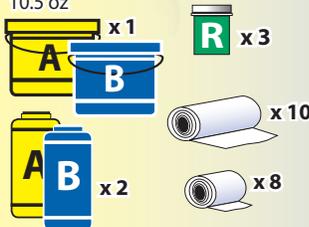
Full Front Torso including Upper Thigh:

Body Double®:
9 lbs/4.08 kgs
8" Bandages:
6 rolls
Release Cream:
7 oz.



Full Torso with Head:

Body Double®:
18 lbs/8.16 kgs
8" Bandages:
10 rolls
4" Bandages:
8 rolls
Release Cream:
10.5 oz



Full Body Cast:

Body Double®:
36 lbs/16.33 kgs
8" Bandages:
24 rolls
4" Bandages:
24 rolls
Release Cream:
14 oz.



RELEASING BODY DOUBLE® SILICONE

Body Double® will not stick to skin but it will "mechanically lock" onto skin hair including facial hair, eyebrows, eyelashes etc. **Body Double® Release Cream** or **HYPER-FOLIC®** release additive will minimize mechanical lock. Also, you can shave the intended molding area instead of using releasing agents prior to applying **Body Double®**.

Body Double® Release Cream (available from Smooth-On) is a non-toxic skin conditioner that will aid in releasing **Body Double®** mold rubber from skin surfaces with or without hair. Liberally apply **Body Double® Release Cream** to all skin surfaces (bare and hair covered) that will contact mold rubber. Take special care to aggressively massage and work the cream into and over body hair. Body hair not thoroughly coated with release cream will become encapsulated and stuck in rubber which will be difficult & painful to remove.

HYPER-FOLIC® Release Additive is a non-toxic, skin conditioning liquid that is mixed with **Body Double®** silicone mold rubber prior to applying rubber to the skin. **HYPER-FOLIC®** will not only aid in releasing cured rubber from the skin but will also release cured rubber from hair-covered skin surfaces (closely cropped beards, moustaches, eye-brows,, etc.)